



Public Health  
England

A FAMILY GIRL?

A PASSION FOR SEWING?

PUTS ON A BRAVE FACE?



### Domestic violence and minority communities.

Domestic violence affects women from all ethnic groups, and there is no evidence to suggest that women from some ethnic or cultural communities are any more at risk than others. However, the form the abuse takes may vary; in some communities, for example, domestic violence may be perpetrated by extended family members, or it may include forced marriage, or female genital mutilation. Women from Black or minority ethnic communities may also be more isolated, or may have to overcome religious and cultural pressures, and they may be afraid of bringing shame onto their 'family honour'.

### Help is closer than you think.

If this sounds familiar and you would like to speak with someone, there is a range of safe and confidential support available. Within Public Health England you can talk to your line manager, or any member of the PHE Staff Wellbeing Team, they can be contacted at [staffwellbeing@phe.gov.uk](mailto:staffwellbeing@phe.gov.uk).

If you would like to speak to someone external to PHE, CAADV provide confidential advice for our staff through Melissa Morebeck by email [melissa@caadv.org.uk](mailto:melissa@caadv.org.uk) or phone **07917 228760**. The Department of Health has set up a Domestic Violence Support Network which is available to PHE Staff and you can contact any of the individuals below in confidence for advice and support.

Specific support for BAME people enduring domestic violence is available from:

**Southall Black Sisters** [www.southallblacksisters.org.uk](http://www.southallblacksisters.org.uk)

**Aanchal Helpine** (Asian languages) 08454 512 547

**Chinese domestic violence helpline** 0207 462 1281

**Turkish domestic violence helpline** 0208 340 3300

**Jewish Women's Aid** - 0800 59 12 03

Support is also available from the National Domestic  
Violence Helpline on **0808 200 247**.